



**Gynecologic and Obstetric History**

Name of Gynecologist (if you are seeing one): \_\_\_\_\_  
 Age at onset of periods: \_\_\_\_\_ Frequency: \_\_\_\_\_ Length of period: \_\_\_\_\_  
 Pregnancies: \_\_\_\_\_ Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_  
 Age of menopause: \_\_\_\_\_ Symptoms of menopause: \_\_\_\_\_  
 Date of last period: \_\_\_\_\_ Method of birth control: \_\_\_\_\_  
 Do you take, or have you ever taken, hormone replacements or birth control pills? \_\_\_\_\_  
 Describe: \_\_\_\_\_  
 Have you had other gynecologic problems? \_\_\_\_\_ Describe: \_\_\_\_\_  
 Last Mammogram: \_\_\_\_\_  
 Last Pap Smear: \_\_\_\_\_  
 Last DEXA (bone density) scan: \_\_\_\_\_

**Family History**

Family member	Living?	Age	Cause of Death	Other Illnesses
Grandparents				
Father				
Mother				
Siblings				
Children				

**Prevention**

Last Sigmoidoscopy or Colonoscopy: \_\_\_\_\_  
 Do you take aspirin regularly? \_\_\_\_\_ How much? \_\_\_\_\_  
 Do you take calcium regularly? \_\_\_\_\_ How much? \_\_\_\_\_  
 Last Flu shot (influenza): \_\_\_\_\_  
 Pneumonia shot (Pneumovax): \_\_\_\_\_  
 Meningococcus Meningitis vaccine (Menomune): \_\_\_\_\_  
 Last Tetanus shot: \_\_\_\_\_  
 Have you had the Hepatitis B series of shots? \_\_\_\_\_ When? \_\_\_\_\_  
 Do you have an Advance Directive, Living Will, etc.? \_\_\_\_\_ If so, we would like a copy to keep in your medical record.  
 Do you have an organ donor card? \_\_\_\_\_  
 Do you smoke? \_\_\_\_\_ How much? \_\_\_\_\_  
 Do you drink alcohol? \_\_\_\_\_ How much? \_\_\_\_\_  
 Do you use any recreational drugs? \_\_\_\_\_ Which? \_\_\_\_\_  
 What exercise do you do? \_\_\_\_\_  
 Do you wear a seatbelt? \_\_\_\_\_  
 Do you wear sunscreen when out in the sun? \_\_\_\_\_